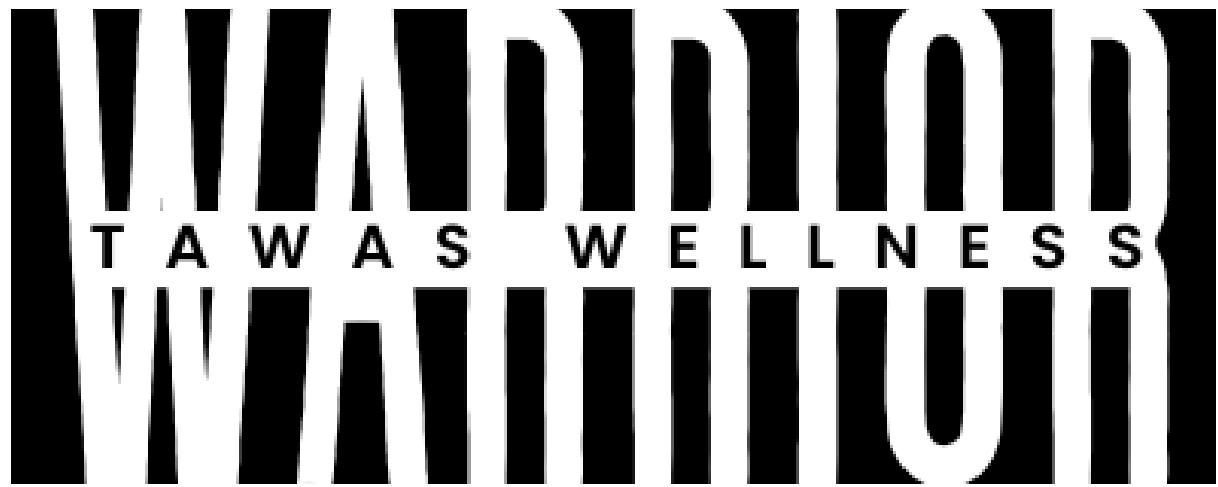


SEPT-NOV
2025



M O N D A Y

5:00 AM - 7:30 AM
9:30 AM - 10 PM (closed for first Monday Supper)

T U E S D A Y

5:00 AM - 7:30 AM
9:30 AM - 5:30 PM
7:00 PM - 10:00 PM

W E D N E S D A Y

5:00 AM - 5:00 PM
7:00 PM - 10:00 PM

T H U R S D A Y

5:00 AM - 7:30 AM
9:30 AM - 5:30 PM
7:00 PM - 10:00 PM

F R I D A Y

5:00 AM - 10:00 PM

S A T U R D A Y

5:00 AM - 8:30 AM
10:30 AM - 10:00 PM

S U N D A Y

5:00 AM - 10:00 PM

TW
Fit
Zone

AVAILABILITY

FitZone Access included in Warrior Pass
If accessing outside of office hours (9am-2pm M-F),
please request door code through FitAp.